



January 23, 2022

CERTIFICATE OF COMPLETION

This is to certify that
Alexa Reznik

has successfully completed 100 hours of Mindfulness Teacher
Training during the program

Teaching Mindfulness

A large, black, cursive signature of Shamash Alidina.

Shamash Alidina

M.Eng. M.A. Mindfulness Author and Teacher Trainer
The program is accredited by the Complementary Medical Association.